

DAY 8
*Disagree and
Commit*



DISAGREE AND COMMIT

Imagine, you are going out with friends and cannot decide which restaurant to choose. In the end your choice wins!

While at the restaurant, one of your friends keeps complaining about nearly everything, the position of the table, the service and the food. Of course, he would have gone to a different restaurant.

You think to yourself “Why can’t we just enjoy the evening?” Your friend disagreed with the choice and didn’t commit and made you feel his frustration.

Instead - when you disagree and COMMIT, you:

**avoid passive-aggressive behavior
promote true collaboration and build trust
strengthen your relationships**

Next time your opinion clashes with that of your boss, colleague, friend or family member over a decision, ask yourself:

Can I disagree and commit?

If the answer is **yes** - you need to go all in :) be enthusiastic and make it a success!

